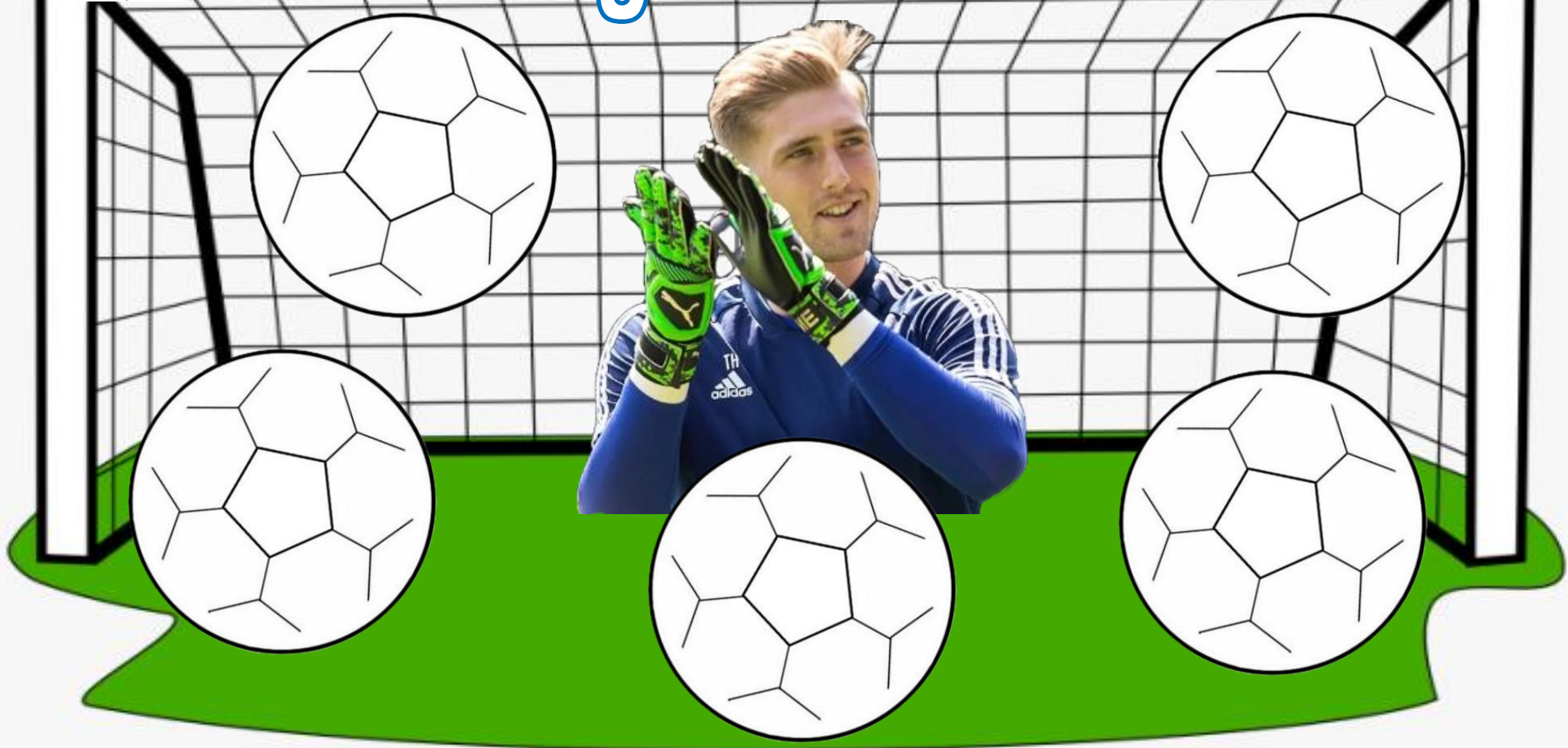




Amazing Me and ITFC



Can you write a goal on each ball that you would like to achieve over the next few weeks? Tomas Holy is clapping you on to score! This could be learning a new language, learning to bake a cake, playing a new instrument, getting more exercise or just learning your times tables.

Then as you achieve them tick them off and score a goal! We would love for you to share your pictures and videos of your goals with us @ITFCJuniorBlues using the hashtag #AmazingMeandITFC.